

# MENU



## NIBBLES

HOMEMADE TORTILLA CHIPS,  
GUACAMOLE & CHILLI OIL £3.95

CHILLI & ROSEMARY MARINATED OLIVES £3.95

JALEPENOS POPPER BALLS £3.95

## SMALLER PLATES

(ENJOY AS A STARTER OR TO MIX & MATCH TAPAS STYLE)

HOMEMADE SOUP OF THE DAY £3.95

Sour Dough or Wholemeal Bread

SOUTHERN FRIED CHICKEN STRIPS £6.95

Chipotle Mayo

SEARED TUNA £7.95

Wasabi, Pickled Ginger, Avocado and Sesame Soy

BANG BANG CHICKEN LETTUCE CUPS £6.95

Peanut Sauce, Chillies and Cucumber

PANKO PRAWNS WITH SESAME SOY £6.95

Sweet Chilli Dip

PANKO CHICKEN £6.95

Chicken Breast, Soy and Ginger Dipping Sauce

VEGETARIAN DUMPLINGS £5.95

Steamed Dumplings with Soy Ginger & Sweet Chilli Dip

HALLOUMI FRIES £5.95

Avocado Salsa, Rocket

LEMON PEPPER CALAMARI £6.95

Aioli

GROWLER WINGS £6.95

Choose: Asian Chilli & Lime | Hot Buffalo & Ranch | Mexican Habanero | Salt & Pepper

SEARED SCALLOPS IN THE SHELL, SERVED...

Pea and Pancetta £8.95 OR On Black pudding £8.95 OR In lemon butter £7.95

TERIYAKI BEEF SKEWERS £6.95

Marinated, Coriander Cous Cous and Pickled Carrots, Leaves

VEGETARIAN QUESOS £6.95

Chipotle Mushroom, Spinach, Goats Cheese, Homemade Tortilla Chips

## SALADS/HOUSE BOWLS | SMALL £6.95 - LARGE £10.95

Please ask your server for either our Classic House Citrus, Balsamic OR Raspberry and Beetroot House Salad Dressings

HOUSE SALAD

Mixed Leaves, Tomatoes, Cucumber, Avocado, Radish, Chopped Peppers with Berries & Mango.

GROWLER CAESAR SALAD

Baby Gem Lettuce, Grana Padano Parmesan Shavings, Croutons & Homemade Caesar Dressing

AMERICAN COBB SALAD

Garden Greens, Tomato, Crispy Bacon, Avocado, Chives, Blue Cheese, Boiled Egg

STORNOWAY BLACK PUDDING, AVOCADO & BACON SALAD

With Market Leaves and Ranch

VEGAN BOWL

Brown Rice, Roasted Pumpkin, Red Cabbage, Quinoa, Avocado, Chickpeas, Kale, Carrot and Hummus

CALIFORNIA SALAD BOWL

Brown Rice, Kale, Carrot, Cucumber, Avocado, Edamame Beans, Jalapeno & Sesame Seeds

### WHY NOT ADD

GRILLED CHICKEN £3 | TUNA £4 Seared OR Wasabi & Lime Cured

SMOKED SALMON £4 | SOUTHERN FRIED CHICKEN £3.50

PIL PIL TIGER PRAWNS £4 | BEEF STRIPS £3.50

## BIGGER PLATES

FILLET OR RIBEYE £30 / £25

(SURF & TURF IT! ADD 1/2 LOBSTER TO ANY STEAK - £40 | £35 ALL IN!)

Cherry Vine Tomatoes, Field Mushroom, Greens & Any Fries

Sauces: 3 Peppers, Mushroom OR Arran Mustard - add £4.95

All Steaks are from J.Nisbet, Sorn Mains Farm, Sorn and are 28-35 day matured



**BUY ANY OF 2 STEAKS, SURF AND TURF OR 2 FULL LOBSTERS AND GET £5 OFF A BOTTLE OF WINE FROM OUR LIST. YOU CHOOSE!**

HALF OR FULL LOBSTER £20 / £37.50

Garlic, Chilli Butter with Coriander, Mango and Raspberry Salad and Fries (Seasonal and subject to availability, please ask your server)

THE GROWLER'S POSH FRITTO MISTO £27.95

Tempura 1/2 Lobster, Scallops, Lemon Pepper Calamari, Mushy Peas, Fries and Homemade Tartar & Lemon Wedge

1/2KG STEAMED MUSSELS £9.95 / 1KG £13.95 (GF) (SERVED WITH FRIES)

CHOOSE FROM: CREAMY WHITE WINE & PARSLEY | RED THAI CURRY | TOMATO, FENNEL & BACON

SEARED TUNA STEAK £17.95

Coated in Sesame Seeds served with a Raspberry, Mango & Avocado Salad with Seasoned or Sweet Potato Fries.

SEARED COD FILLET £15.95

Chorizo, Spinach, Cherry Tomato and Sautéed Potatoes

PAN FRIED CHICKEN STUFFED WITH BLACK PUDDING £13.95

Chorizo Mash, Buttered Greens and Peppercorn Sauce.

CAJUN CHICKEN AND CHORIZO LINGUINE £12.95

Roasted Peppers, Sunblushed Tomatoes and Fresh Coriander

WILD MUSHROOM RISOTTO £12.95

Toasted Pinenuts, Rocket, Truffle Oil and Parmesan Crisp

LINGUINE PESCATORA £13.95

Mussels, Prawns, Calamari, Scallops in a Tomato & Basil Sauce

TRADITIONAL MAC AND CHEESE (SERVED WITH FRIES) £10.95

ADD: LOBSTER AND TRUFFLE OIL £9.50 | CHORIZO AND JALAPEÑO £3.50 |

CHICKEN AND BROCCOLI £3.50 | PANCETTA AND BLACK PUDDING £3.50

PAD KRA PAO GAI (THAI BASIL CHICKEN) With Rice and Fried Egg £13.95

TRADITIONAL CHILLI RAMEN BEEF £16.95 | CHICKEN £13.95 | VEG £12.95 | MISO COD £16.95

Noodles, Broth, Bok Choi, Bean Sprouts, Chilli, Ginger, Sesame, Spring Onions, Red Onion, Coriander and Squeezed Lime, Served with a Boiled Egg

THAI RED CURRY - CHICKEN £12.95 | PRAWN OR BEEF £13.95

Lemongrass, Ginger, Chilli's, Lime, Fresh Coriander - served with Rice & Poppadoms

STIR FRY - BEEF OR CHICKEN £12.95 | PRAWN £13.95

Oyster Sauce, Carrots, Onions, Peppers, Bean Sprouts, Fresh Chillies, Egg Noodles, Lime & Coriander

SPICY MIXED BEAN CASSOULET £13.95

wholegrain rice, creme fraiche, fresh lime with sesame tenderstem broccoli

THAI SWEET AND SOUR CHICKEN (PAD PRIEW WAN) £12.95

With Steamed Rice

## BURGERS

CLASSIC BURGERS

CHOOSE FROM: KALE, QUINOA, SWEET POTATO £11.95 | CHICKEN £12.95 | GRASSFED BEEF £12.95

Lettuce, Sliced Tomato, Relish, Aioli - served with Greens & Any Fries

ADD CHEDDAR - GUACAMOLE - HALLOUMI - BACON £2 ADD AN EXTRA PATTY £4

GOURMET BURGERS - SERVED WITH GREENS & ANY FRIES £15.95

LOUSIANNA - Southern Fried Chicken, Slaw, Hash Brown, Cheese and Chipotle Mayo

CALIFORNIA - Chicken, Bacon and Avocado with Lettuce, Relish, Tomato and Aioli

TENNESSEE - BBQ Pulled Pork, Monterey Jack, Chillies

LE SHARK - Battered Cod, Lettuce, Tomato, Tartare Sauce, Squeezed Lemon

EL CHAPO - Cajun Chicken & Beef Patty, Smashed Avocado, Pepper, Monterey Jack, Jalapenos, Chipotle Mayo & Pickle

## SHARING BOARDS FOR 2 OR MORE ONLY £40

### MEAT FEAST

CHICKEN SLIDER | GRASS FED BEEF SLIDER | RIBEYE (COOKED AS YOU LIKE) |

WINGS OF YOUR CHOICE | TERIYAKI BEEF SKEWERS | PANKO CHICKEN STRIPS AND ANY 2 SIDES

### SEAFOOD

SEARED & WASABI CURED TUNA | LEMON PEPPER CALAMARI | TEMPURA 1/2 LOBSTER |

SCALLOPS | FIERY PRAWN SKEWER AND ANY 2 SIDES

## ALLERGIES

Vegetarian, Vegan & Gluten Free. We can tailor most dishes to your requirements. Please ask your server for details. They may take a little longer but we'll do our best. Consuming raw meats, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Customer Satisfaction is very important to us, if you would like information regarding potential allergens within our dishes please ask staff for information.

## DESSERTS

### BUTTERSCOTCH POPCORN SUNDAE £7.95

Vanilla ice cream, Banana, salted caramel, butterscotch popcorn & chocolate vermicelli

### AFFOGATO £7.95

Coffee, Vanilla Ice Cream, Toasted Hazelnuts, Biscotti & Shot of Baileys

### HOMEMADE STICKY TOFFEE PUDDING £4.95

Toffee Sauce & Ice Cream

### STRAWBERRY PANNACOTTA £5.95

White Chocolate Mousse & Gin Poached Strawberries

### WARM CHOCOLATE BROWNIE £5.95

Chocolate Soil, Chocolate Sauce & Candied Pecans

### CHEESEBOARD £8.95

Selection of Cheeses with Datzcakes with Homemade Chutney

### WAFFLES £6.95

mini marshmallow, oat biscuit crumb, warm chocolate sauce and vanilla ice cream



## SIDES

### CHILLI PARMESAN FRIES £3.50

### SEASONED FRIES £3.25

### SWEET POTATO FRIES £3.25

### CAJUN FRIES £3.50

### CURLY FRIES £3.50

### BEER BATTERED ONION RINGS £3.25

### HOUSE GREEN SALAD £3.25

### STEAMED TENDERSTEM BROCCOLI £3.50

Tossed in Garlic Butter & Sesame

### WHOLEMEAL OR SOUR DOUGH BREAD & BUTTER £1.95



## LITE LUNCH SERVED TILL 5 7 DAYS

### SANDWICHES ALL £5

#### WHOLEMEAL OR SOURDOUGH BREAD

#### CAJUN CHICKEN

Lettuce, Tomato and Aioli

#### SMOKED SALMON

Crème Fraîche and Capers

#### G.F.C.

Growler Southern Fried Chicken, Lettuce, Tomato and Chipotle Mayo

#### CLASSIC BLT

ADD ANY SIDE OR BOWL OF TODAY'S SOUP £2.50

### WHOLE GRAIN WRAPS £5

ALL FILLED WITH LETTUCE, TOMATO, PEPPERS AND CUCUMBER AND SERVED WITH SOME SALAD AND NUTS

GRILLED CHICKEN | SOUTHERN FRIED CHICKEN | CAJUN CHICKEN | SEARED WASABI TUNA

ADD ANY SIDE OR BOWL OF TODAY'S SOUP £2.50

### TOASTED GRILLED CHEESE SANDWICHES

#### WHOLEMEAL OR SOURDOUGH BREAD

PLAIN OLD GRILLED CHEESE WITH A SIDE OF PICKLE £4

TOMATO & AVOCADO £5 | BACON & TOMATO £5

ADD ANY SIDE OR BOWL OF TODAY'S SOUP £2.50

### TOASTED WHOLEGRAIN BAGELS

#### NEW YORK B.E.C. £5

Crispy Ayrshire Bacon with Broken Egg & Grilled Cheese

#### AVO-CUDDLE! £5

Ayrshire Bacon, Sliced Tomato, Avocado & Mayo

#### NO WAY £5

Ayrshire Bacon, Stornoway Black Pudding & Poached Egg

ADD ANY SIDE OR BOWL OF TODAY'S SOUP £2.50

## WEDNESDAY

25% OFF ALL CLASSIC BURGERS ALL DAY

## THURSDAY

MOULES FRITES - LGE POT OF MUSSELS & FRIES WITH ANY A SIX TASTER FLIGHT £20

## FRIDAYS & SUNDAYS

25% OFF ALL STEAKS AND LOBSTERS ALL DAY!

## BREAKFAST/BRUNCH

TILL 2PM 7 DAYS

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