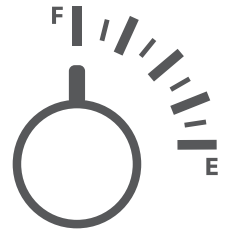




IN BEER WE TRUST

BRUNCH



SERVED 7 DAYS TILL 2PM

THE FULL GROWLER £9.95

Sausage, Bacon, Black Pudding, Tomato, Mushrooms, Baked Beans, Potato Scone, Hash Brown with choice of Toast and 2 Eggs

THE HALF GROWLER £7.95

Sausage, Bacon, Potato Scone, Tomato, with choice of Toast and Egg

THE GROWLER VEGAN £7.95

Roasted Tomato, Mushroom, Spicy Scrambled Tofu, Hash Brown, Potato Scone & Spinach and your choice of Toast

THE GROWLER VEGETARIAN £7.95

Tomato, Mushrooms, Baked Beans, Potato Scone, Hash Brown with choice of Toast and Egg

FRENCH TOAST £6.95

French Toast with a Side of Maple Syrup.

Add Bacon £2 or Smoked Salmon for £2.95

SMASHED AVOCADO & EGGS £6.95

Wholemeal or Sourdough Bread, Squeezed Lime, Crème Fraîché, Sliced Tomato with Cucumber and Caper Salsa

Add Bacon £2 or Smoked Salmon for £2.95

3 WHOLE EGGS/EGG WHITES OMELETTES £5.95

Choose from Sourdough or Wholemeal Bread

Add: Broccoli or Spinach or Cheese or Mushroom or Banana or Peppers for £1.25 each | Ham or Bacon £2 each | Smoked Salmon £2.95

EGGS BENEDICT £6.95

Wholemeal or Sourdough Bread, Wilted Spinach and Hollandaise

Add Bacon £2 | Smoked Salmon £2.95 | Add Halloumi £1

Add Square Sausage £1.50 | Black Pudding £1.50

Add Flat Cap Mushroom £1.50

EGGS ON TOAST £5.95

Wholemeal or Sourdough Toast with either Poached, Fried or Scrambled Egg

SWEET POTATO HASH £6.95

Grated Sweet Potato Patty with Kale, Poached Eggs and Hollandaise

TRADITIONAL PORRIDGE OATS £4.95

With your choice of Milk or water

Topped with fresh berries | Add Pea or Whey Protein £1

HOMEMADE GRANOLA £3.95

Toasted Coconut, Greek Yoghurt and Fresh Wild Berries, Banana, Maple Syrup or Honey

BANANA & BLUEBERRY BOWL £4.95

Fresh Fruit, Nuts, Granola and Toasted Coconut, Chia Seeds

SPICY EGGS £7.95

Chorizo, Spinach, Poached Eggs, Hollandaise Sauce, Chilli Flakes, on your choice of Sourdough or Wholemeal Bread

FINNAN HADDIE £8.95

Poached Smoked Haddock, Poached Eggs, Cheese Sauce, on your choice of Sourdough or Wholemeal Bread

GROWLER PANCAKES £6.95

Choose from Buckwheat OR Buttermilk OR Oat & Protein OR Banana & Blueberry

Add: Fresh Berries and Vanilla Chantilly Cream

Nutella, Choc Chips and Marshmallows

Banana and Mapled Bacon - Add on £2

Southern Fried Chicken with Tabasco Maple - Add on £2

ALLERGIES/ COVID-19

Vegetarian, Vegan & Gluten Free. We can tailor most dishes to your requirements. Please ask your server for details. They may take a little longer but we'll do our best. Consuming raw meats, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Customer Satisfaction is very important to us, if you would like information regarding potential allergens within our dishes please ask staff for information. Please social distance and wash your hands regularly, you may choose to wear a facemask, if unsure please ask your server for our policy.

STAY SAFE - WASH HANDS
2M DISTANCE - WEAR A MASK

TOASTED WHOLEGRAIN BAGELS

TOASTED WHOLEGRAIN BAGEL WITH YOUR CHOICE OF FILLING. ALL SERVED WITH A SIDE OF SPICY PEANUT ASIAN SLAW

NEW YORK B.E.C. £5

Crispy Ayrshire Bacon, Broken Egg & Grilled Cheese

AVO-CUDDLE! £5

Ayrshire Bacon, Sliced Tomato, Avocado & Mayo

NO WAY £5

Sliced Sausage, Stornoway Black Pudding & Poached Egg

DELI TURKEY £5.50

With Avocado, Tomato, Cucumber, Lettuce & Aioli

DELI HAM £5.50

With Cheese, Tomato, Lettuce & Honey Mustard Mayonnaise

SPICY ASIAN MARINATED TOFU £5.50

Lettuce, carrots, red onion, tomato and pickled ginger

NEW ORLEANS £6

Southern Fried Buttermilk Chicken, Avocado, Tomato, American Cheese

CHILLI & LIME CHICKEN £6.50

Chilli Lime Chicken, Harissa Mayo, Tomato, Avocado

SERVED TILL 5PM

WHOLEGRAIN WRAPS OR STEAMED COLLARED GREEN LEAF WRAPS

STEAMED COLLARED GREEN LEAF WRAP OR WHOLEGRAIN WRAP WITH YOUR CHOICE OF FILLING. ALL SERVED WITH A SIDE OF SPICY PEANUT ASIAN SLAW

ROOSTER £6.50 Chilli & Lime Chicken, harissa mayo, tomato, avocado lettuce

TOFU £6.50 Spicy Asian marinated Tofu, lettuce, carrots, red onion, pickled ginger

VEGA £5.50 Quinoa, hummus, wild mushroom, broccoli, pickled carrots, greens.

DELI TURKEY £5.50 With Avocado, Tomato, Cucumber, Lettuce & Aioli

DELI HAM £5.50 With Cheese, Tomato, Lettuce & Honey Mustard Mayonnaise

SERVED TILL 5PM

TOASTED GRILLED CHEESE SANDWICHES

ON WHOLEMEAL OR SOURDOUGH BREAD

PLAIN OLD GRILLED CHEESE WITH A SIDE OF PICKLE £4.50

WITH TOMATO & AVOCADO £4.95

WITH BACON & TOMATO £4.95

SERVED TILL 5PM

ADD BROTH OR SEASONED FRIES £3

PROTEIN SHAKES £4.50

MAKE YOUR OWN

Choose 2 scoops whey or pea protein and your choice of milk/juice/water. Then add any two from the following. After that, 50p for any additional ingredients.

Banana, Peanut Butter, Strawberry, Blueberry, Raspberry, Apple, Cucumber, Oats, Kale, Spinach, Granola, Chia Seeds, Greek Yoghurt, Egg...if we have it you can add it!

SMOOTHIES £4.50

So choose one of these, then add water, apple juice or your choice of milk.

APPLE, CHIA SEEDS, CUCUMBER, CELERY, SQUEEZED LIME

BANANA, CHOCOLATE & PEANUT BUTTER & OATS

SPINACH, BROCCOLI, AVOCADO, PINEAPPLE

BLUEBERRY, STRAWBERRY, FLAX SEEDS, SQUEEZE LEMON

FILLED ROLLS

CHOOSE A FRESH ROLL AND ADD ANY OF THE FOLLOWING:

PORK SLICE SAUSAGE

RASHERS OF BACON

POTATO SCONE

CHOICE OF EGG

(Poached, Fried or Scrambled)

1 FILLING £2.95

2 FILLINGS £3.50

3 FILLINGS £3.95